



Sample Letter to Participants

(You could send something like this to confirm attendance and set expectations one or two weeks before your first class – feel free to adapt to your own style!)

Dear _____,

Thanks for signing up to join us in the UULM Low Carbon Challenge!

The Low Carbon Challenge is sponsored by our congregation and the UU Legislative Ministry, CA , which is coordinating UUs across the state in a collaborative effort to lose 1,000,000 pounds of carbon by Earth Day 2009.

Our congregation’s challenge is to collectively lose _____ tons, i.e. _____ pounds of carbon. We can meet this challenge if _____ or more households are able to lose 5000 pounds!

On _____(date) at _____(address) we will gather to form a UU “Carbon Ring”. During the first four of our eight sessions of study, dialogue and reflection, we will enjoy the opportunity to benefit from the work of both the Northwest Earth Institute’s informative and heart-opening workbook “Global Warming: Changing Course”.

The next four sessions, we will support one another as we work through the Low Carbon Diet and lower our carbon footprint. We will be using the Low Carbon Diet, a workbook by David Gershon. The object of the diet is to look at your carbon footprint and use the workbook and the support of the group to reduce the carbon emissions normally produced by your household.

Every household that wishes to participate will need both workbooks, and everyone in the family can help. There is even an optional companion workbook just for children, also by David Gershon, called Journey for the Planet: A Kid’s Five Week Adventure to Create an Earth-Friendly Life.

Each session will include the opportunity for one participant to share a personal reflection during the opening, giving us a chance to get to know each other at a deeper level.

All around the world, faith-based groups, environmental organizations, nations, cities, and individuals have begun to do the work that needs to be done. We hope that you find the sessions you attend deepen your self-understanding and that the experience as a whole enriches your life and inspires you to positive social and environmental action. The world and the Earth need each of us – now.

Blessings,

